

GOOD ITALIAN PASTES

WORTH COPYING BY HOUSEKEEPERS OF AMERICA.

At Least One Dish May Well Be Served at Dinner—Many Methods of Cooking Macaroni—Tomato Sauce With Spaghetti.

American housekeepers anxious to keep down the market bills have learned the advantages of serving at each dinner one dish containing some of the Italian pastes, which are low in price, nutritious and appetizing.

The American way of cooking spaghetti is to combine it with American cheese chopped, butter and a little milk beaten with eggs. The spaghetti is first cooked until it is soft; then drained of the water, and the cheese, butter and eggs already mixed are beaten lightly into the hot paste. The mixture is then baked in a golden brown in the oven. A porcelain lined baking dish is best, though some prefer the old-fashioned yellow stone ware.

Macaroni cooked and then simmered in a good meat broth until tender also mixes well with grated Gruyere cheese mixed in the baking dish in layers, finishing off the top with a thick layer of the cheese and some grated bread crumbs and butter.

Another dish is made by adding this mixture to the already cooked macaroni: One onion, a little parsley and six anchovies chopped up together. Fry this in the pan with butter for about six minutes; then add it to the paste with half a glass of good white wine and an equal amount of fish broth. Sprinkle with paprika and grated Parmesan cheese.

Here is a simple dish called tagliatelle. Make a good paste with flour and eggs, roll out thin and cut in strips half an inch wide; parboil in salted water. Cut a slice of ham in squares; mince the same amount of carrots and celery and brown them in a pan with butter. Add strained tomatoes or tomato paste and a cupful of broth. Serve on a hot dish all together, the paste seasoned with grated cheese.

The Italian method of serving spaghetti, which is most popular in this country, is in combination with tomato sauce. The Neapolitan sauce is made in many ways. A good and simple recipe calls for a quarter of an onion, half a stalk of celery, a few leaves of bay and a bunch of parsley. Cut these up fine together. Add a cup of olive oil, a pinch of salt and one of pepper, and eight tomatoes cut up without the skins. Boil this until the sauce is like a cream; then strain and pour over the spaghetti. Sprinkle grated cheese on top.

The Italian cook prepares the potato with all the state of rare vegetables, adding cinnamon, nutmeg, saffron and herbs of all kinds. In one recipe you are told to wash half a dozen potatoes; peel off a strip of the skin; put them in a saucepan and cover with water to boil. When they are nearly peeled and mash them, put them in a saucepan; add an ounce of butter and a piece of fresh bread soaked in milk. Add two tablespoonfuls of milk, three eggs beaten to a froth, yolks and whites separately; salt, pepper and a little grated nutmeg. Mix well and put in a baking dish. Pour melted butter over; sprinkle with Parmesan cheese and brown before serving.

Spanish Pork Chops.

Put two pounds of pork chops into a baking pan with a cupful of hot water. Place in a hot oven and bake one-half hour, basting often. Then take out, sprinkle with salt and pepper and cover with one pound of onions, sliced thin. Bake 15 minutes, then cover with one-half can of tomatoes and bake again for 20 minutes. Put meat and vegetables on heated platter, pour gravy around meat and serve at once.

Florida Cornbread.

Take one cup of cold boiled hominy, one scant cup of white cornmeal, one and one-half cups of milk, one egg, one tablespoonful of butter, one-half teaspoonful of salt, one rounding teaspoonful of baking powder. Beat hominy with fork until thoroughly broken, then gradually beat in the milk. Mix the salt and baking powder with the meal; add all to the hominy and milk; then add the egg well beaten and the butter melted. Pour the mixture into two buttered deep tin plates, bake in quick oven 20 minutes.

Lyonnais Tripe.

One pound of cooked tripe cut into dice, two tablespoonfuls of butter, one of grated or chopped onion, one of vinegar, and salt and pepper to taste. Put the onion and butter in the frying pan, and when the onion turns yellow add the tripe and cook five minutes. Add seasoning and let boil up once. Serve on toast.

A coat of silver enamel paint twice a year will keep your gas stove looking better, save blacking and prevent its soiling your dress.

HELD REPROOF IN MEMORY

Chiding to Child, That Seemed Unkind, Later Nerved Man to Deed of Heroism.

Dr. Keate, the terrible head master of Eton, encountered one winter morning a small boy crying miserably, and asked him what was the matter. The child replied that he was cold. "Cold!" roared Keate. "You must put up with cold, sir! You are not at a girls' school."

It is a horrid anecdote, and I am kind-hearted enough to wish that Dr. Keate, who was not without his genial moods, had taken the lad to some generous fire (presuming such a thing was to be found) and had warmed his frozen hands and feet. But it so chanced that in that little sniveling boy there lurked a spark of pride and a spark of fun, and both ignited at the rough touch of the master. He probably stopped crying, and he certainly remembered the sharp appeal to manhood; for fifteen years later, with the Third dragoons, he charged at the strongly entrenched Sikhs (30,000 of the best fighting men of the Khalsa) on the curving banks of the Sutlej. And as the word was given he turned to his superior officer, a fellow Stonian who was scanning the stout walls and the belching guns. "As old Keate would say, this is no girls' school," he chuckled, and rode to his death on the battlefield of Soobraon, which gave Lahore to England.—Agnes Repplier, in the Atlantic.

FALLING HAIR MEANS DANDRUFF IS ACTIVE

Save Your Hair! Get a 25 Cent Bottle of Danderine Right Now—Also Stops Itching Scalp.

Thin, brittle, colorless and scraggy hair is mute evidence of a neglected scalp; of dandruff—that awful scurf.

There is nothing so destructive to the hair as dandruff. It robs the hair of its luster, its strength and its very life; eventually producing a feverishness and itching of the scalp, which if not remedied causes the hair roots to shrink, loosen and die—then the hair falls out fast. A little Danderine tonight—now—any time—will surely save your hair.

Get a 25 cent bottle of Knowlton's Danderine from any store, and after the first application your hair will take on that life, luster and luxuriance which is so beautiful. It will become wavy and fluffy and have the appearance of abundance; an incomparable gloss and softness, but what will please you most will be after just a few weeks' use, when you will actually see a lot of fine, downy hair—new hair—growing all over the scalp. Adv.

The Secret.

"Did you notice the great quantity of diamonds Anna is wearing?"

"Yes. She said her father blew himself for them."

"He probably did. Her father is a glassblower. I understand."—Judge.

A CLERGYMAN'S TESTIMONY.

The Rev. Edmund Heslop of Wigan, Pa., suffered from Dropsy for a year. His limbs and feet were swollen and puffed. He had heart fluttering, was dizzy and exhausted at the least exertion. Hands and feet were cold and he had such a dragging sensation across the loins that it was difficult to move. After using 5 boxes of Dodds' Kidney Pills the swelling disappeared and he felt himself again. He says he has been benefited and blessed by the use of Dodds' Kidney Pills. Several months later he wrote: I have not changed my faith in your remedy since the above statement was authorized. Correspond with Rev. E. Heslop about this wonderful remedy.

Dodds' Kidney Pills, 50c. per box at your dealer or Dodds Medicine Co., Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free. Adv.

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No man is such a kicker that he would care to kick the bucket.

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Everything's big about Sunshine L.W. Sodas—except the price. The big saving in the big, economical family package. The big satisfaction in crunching their crisp, fresh, flaky deliciousness. The big appetites their solid nourishment satisfies. And the big help in having on hand these ready-to-eat delicacies that everybody likes. At your grocer's—25c for the big package.

LOOSE-WILES BISCUIT COMPANY Bakers of Sunshine Biscuits

SCORED ON HIS LORDSHIP

Father O'Leary's Apt Remark Put the Situation in a Good Case, So to Speak.

Rev. Father O'Leary was off to catch the Dublin express. On the way to the station he ran into his bishop.

"Well, what's the hurry, O'Leary?" said he.

"Sure, it's the Dublin express I'm after, your lordship."

The bishop pulled out his watch.

"Well, there are seven minutes yet; let us walk together and both catch it."

They arrived at the station just in time to see the train steaming out.

"Do you know, I had the greatest faith in that watch, O'Leary," said the bishop.

"Ah! my lord, what is faith without good works?" replied the angry O'Leary.

Franco-Prussian Veteran.

General McAdamas of either Scotch or Irish birth, who raised a battalion of Irish volunteers at the outbreak of the Franco-Prussian war, took his men to France and led them against the Germans, has for many years lived quietly in a villa at Cannes, France. He was given the rank of general on the battlefield. Some twenty years ago he was elected a member of the chamber of deputies, and when the moment came for him to be confirmed in his seat he was unable to prove that he was born in France or was a naturalized citizen. The chamber, however, in consideration of his record during the war, waived the matter and confirmed him in his seat.

Caught in a Sinecure.

"I caught the prisoner in a sinecure," said the constable, with evident satisfaction.

"In what?" asked the bewildered magistrate.

"A sinecure, your worship," blandly came the reply.

"Surely you mean a cul de sac?" remarked the magistrate.

The witness nodded acquiescence, but obviously he was still unconvinced, and as he stepped from the box he was heard to whisper to a brother officer: "Poor old chap's gettin' worse."

—Manchester Guardian.

Close Enough.

They were discussing certain acquaintances when Flint inquired:

"Saunders and Harris are close friends, aren't they?"

"Yes; neither can borrow a cent from the other," came the reply.

A man never knows what he can do until he tries—then he may be sorry he found out.

Grave Question.

When the counsel for the American Tobacco company was defending its case before the Supreme court of the United States the late Justice Harlan aroused himself from the lethargy into which the members of that august company sometimes seem to sink.

"There's one question I want to put to the counsel for the defense," he said.

"Yes, your honor."

"Why is it I can get no more good chewing tobacco? Have you fellows anything to do with that?"

Burglar Proof.

"This refrigerator isn't quite modern enough."

"How's that, madam?"

"My husband thinks we'd better get one with all the improvements, including a time lock."

An Inland Type.

"He uses a great many nautical terms. Did he ever lead a seafaring life?"

"No, but he reads quantities of sea fiction."

Looking Into It.

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GILT EDGE the only ladies' shoe dressing that positively restores color and shines without rubbing. 25c. "French Gloss," 10c.

STAR combination for cleaning and polishing all kinds of metal or tin shoes. 10c. "Dandy" size 25c.

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by a chronic disease common to women-kind? You feel dull—headache? Backache, pains here and there—dizziness or perhaps hot flashes? There's nothing you can accomplish—nothing you can enjoy! There's no good reason for it—because you can find permanent relief in

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Mrs. Fannie H. Brent, of Bryant, Nelson Co., Va., writes: "I believe I had every pain and ache a woman could have, my back was weak, and I suffered with nervousness and could not sleep at night. Suffered with soreness in my right hip, and every month would have spells and have to stay in bed. I have taken eight bottles of your 'Favorite Prescription' and one vial of your 'Pleasant Pellets'. Can now do my work for six in family, and feel like a new woman. I think it is the best medicine in the world for women. I recommend it to all my friends and many of them have been greatly benefited by it."

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Relieve Liver Ills



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Because of those ugly, grizzly, gray hairs. Use "LA CREOLE" HAIR DRESSING. PRICE, \$1.00, retail.